



## Your puppy has been introduced to the following:

▪ Recall	▪ Resource guarding	▪ Crate training
▪ Loose leash walking	▪ Sit (palm of hand up)	▪ Retrieving
▪ Wait	▪ Manding (asking for attention)	▪ Attention is the Mother

Distributed learning is best. That means train for 3- to 5-minute sessions a few times throughout the day, **not all at once**.

We will not magically turn into your perfect dog. We need your time, consistency and proper training to become the best companion possible. Distributed learning training sessions provide the right balance of instruction and rest to help you accomplish this goal.

Here's what our distributed learning training sessions look like? Yours will look similar as you take over where we leave off. Puppy Culture teaches you how to pick up where we leave off and implement these training techniques.

### Session 1:

6 AM 3-5 min training / 6:05 10-15 min nap

6:20 3-5 min training / 6:25 10-15 min nap

6:40 3-5 min training / 6:45 10-15 min nap

**Session 2** starts at 1 PM. **Session 3** starts at 6 PM. Adjust to your lifestyle as time allows.

### Key points to remember during my 8-12-week development.

- 1.) Take me to meet as many friendly, neutral dogs as possible.
- 2.) Accustom me to activities you want to enjoy when I'm grown.
- 3.) Use caution by remembering I'm emotionally sensitive.
- 4.) I need plenty of rest. 1 hour of play = 2 hours of rest. (Not enough rest will lead to obnoxious behavior.)

### Some things to note are:

At **8 weeks high fear period** is part of normal puppy development. Cautiously introduce new furry friends.

**Space** - if I don't feel I have a way to escape a fearful situation with another animal, I may feel my only option is to fight.

**Escape** - Give me a low chair or crate so I can hide and control the situation safely and build confidence at my pace.

**Off Lead** - I may feel threatened if on lead with no escape.

**Experience** - Watch my behavior to prevent issues before they happen.

**A puppy is eager to learn and please. You will get the best results using lots of praise and treats.**

**Note: A dog punished using anger, coercion or violence is easy to spot. They will avoid eye contact out of FEAR.**

**PET FRIENDLY STORES allow maximum opportunities for socializing to a variety of experiences.**

(Always call to verify policy i.e. leash, etc.) **Bring paper towels for accidents**

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|---------------------|------------------------|-------------------------|
| 1. Lowe's           | 7. Gap                 | 3. Gander Mountain      |
| 2. Home Depot       | 8. Foot Locker         | 14. Pet Co              |
| 3. Pottery Barn     | 9. Nordstrom           | 15. PetSmart            |
| 4. Macy's           | 10. Old Navy           | 16. Teskes Seed & Feed  |
| 5. Bass Pro Shops   | 11. Saks Fifth Avenue  | 17. Local Nursing Homes |
| 6. Barnes and Noble | 12. Tractor Supply Co. |                         |